# WELLNESS SAFARI - 9 NIGHTS



**Click here for** 

full itinerary





Our wellness safari offers the ideal escape to a place where harmony and tranquillity gently restores body, mind and soul. Highlights include luxurious spa treatments, yoga, visiting philanthropy projects and getting your hands dirty at a working farm hotel.

## **OVERVIEW**

2 NIGHTS - JOHANNESBURG 3 NIGHTS - SABI SAND GAME RESERVE 2 NIGHTS - CAPE TOWN 2 NIGHTS - CAPE WINELANDS

## DAY BY DAY ITINERARY

Day one: Arrive Johannesburg, transfer to your hotel and overnight.
Day two: The day is at leisure.
Day three: Transfer to the Federal Air Hangar for your shared light aircraft flight to Sabi Sand. On arrival, transfer to the camp and overnight.
Day four: The day is at leisure to enjoy the camp activities.
Day five: The day is at leisure to enjoy the camp activities.
Day six: Transfer to the airstrip for your shared light aircraft flight to Kruger Mpumalanga Airport for your onward flight to Cape Town. On arrival at Cape Town International Airport transfer to your hotel. The day is at leisure.
Day seven: The day is at leisure to explore the beautiful city of Cape Town.
Day eight: Transfer to the Winelands and overnight.
Day nine: The day is at leisure to explore the Winelands.
Day ten: Transfer to Cape Town International Airport for your onward flight.



40



## ITINERARY

- 2 Nights Fairlawns Boutique Hotel & Spa (B)
- 3 Nights Londolozi Pioneer Camp (AM | SSA)
- 2 Nights The Twelve Apostles Hotel & Spa (B)
- 2 Nights Babylonstoren Farm Hotel (B)

B-Breakfast only | AM-All Meals | LB-Limited Beverages | SA-Scheduled Activities | SSA-Scheduled Safari Activities

## **INCLUDES**

- Accommodation
- Meals as indicated
- Meet and assist upon arrival at each Airport
- Private transfer from O.R Tambo International Airport to Fairlawns Boutique Hotel & Spa and from hotel to Federal Air Hangar
- Shared light aircraft flight from Federal Air Hangar to Sabi Sand to Kruger Mpumalanga International Airport.
- Private transfer from Cape Town International Airport to The Twelve Apostles Hotel & Spa
- Private transfer from Cape Town to the Cape Winelands
- Private transfer from Cape Winelands to Cape Town International Airport

# **EXCLUDES**

- Meals not specified
- Champagnes, cognacs, fine wines, premium brand spirits, cigars

- Touring and excursions in Cape Town
- All items of personal nature, telephone calls, curio shop purchases, PCR Testing
- Gratuities
- Conservancy, park or entrance fees (where applicable)
- Landing fees (where applicable)
- Scheduled and international flights

## **PLEASE NOTE**

- From rates are for 2022, per person sharing and based on a minimum of two people and subject to availability and change
- Rates are based on entry level category rooms
- Transfers and guiding with an English speaking driver/ guide
- Seasons are subject to camp/lodge/hotel seasons

# WELLNESS EXPERIENCES

#### SABI SAND: LONDOLOZI HEALING HOUSE

The Londolozi Healing House is a place of remembering, a shift from the world of doing into the world of being, a chance to re-discover your own nature and access a deep and natural intelligence which lies within the still core of your own wild self. The experience will help you to combine the core safari excursions with artful resting, curated bodywork and yoga in the surrounds of the expansive wilderness. There are specially crafted activities that offer true rejuvenation, restoration and transformation. Here, wellness practitioners, therapists and wilderness guides, invite you to commune with the African wilderness and find within you a sense of well-being. In the hurried world of today, true luxury is time to oneself in search of self-healing and connection to nature.

#### THE TWELVE APOSTLES SPA

The Twelve Apostles Hotel & Spa is nestled between the majestic mountains and the azure Atlantic Ocean, surrounded by a tranquil National Park, yet close to Cape Town's best beaches. The hotel offers the ideal escape where harmony and tranquillity gently restore body, mind and soul. Dedicated to restoring beauty and balance through individual treatments and spa journeys, personalised for each guests by exceptionally skilled therapists. Their commitment to wellbeing focuses on holistic principles, combining ancient wisdom and modern expertise.

#### WINELANDS FARM LIVING

The days at Babylonstoren are intentionally unscripted as there is much to do. In addition to exploring the 200 hectares of farm, guests are invited to join in the harvesting, pruning, planting or picking of the many fruits, herbs, nuts, spices and vegetables grown there. The farm welcomes guests interested in learning more about gardening. If you're happy to get your hands dirty, you will be planting, harvesting, pruning and mulching. You'll have the opportunity to work closely with the gardeners and positively contribute.

