

WELLNESS SAFARI - 9 NIGHTS



Our wellness safari offers the ideal escape to a place where harmony and tranquillity gently restores body, mind and soul. Highlights include luxurious spa treatments, yoga, visiting philanthropy projects and getting your hands dirty at a working farm hotel.

OVERVIEW

2 NIGHTS - JOHANNESBURG

3 NIGHTS - SABI SAND GAME RESERVE

2 NIGHTS - CAPE TOWN

2 NIGHTS - CAPE WINELANDS

DAY BY DAY ITINERARY

Day one: Arrive in Johannesburg where you will be met by an Akorn representative and transferred to your hotel for the night.

Day two: You have the day to enjoy to facilities at this wonderful hotel - why not indulge in one the of signature Asian inspired treatments at the superb spa facility.

Day three: This morning you will be transferred to the airport for your shared light aircraft flight to Sabi Sands. You will be met by the camp driver and vehicle on arrival and do a game drive to camp.

Day four & five: Spend the next two days experiencing crafted body work experiences for rejuvenation, yoga and more at the Londolozi Healing House as well as adventuring out into the wild in search of the Big 5 on game drives and walking safaris. By the end of your stay you will have reconnected with mother nature in your own unique way.

Day six: Transfer to the airstrip for your shared light aircraft flight to Kruger Mpumalanga Airport for your onward flight to Cape Town. On arrival in Cape Town you will be met by an Akorn representative and transferred to your hotel.

Day seven: Today you can experience several philanthropic projects in Cape Town and see what is being done to help those in need. You are also able to get involved and your help is always appreciated by the people running, and benefiting, from the projects.

Day eight: After breakfast you will be met by an Akorn representative and transferred to the beautiful winelands. You will have the afternoon to relax and enjoy the facilities of the hotel.

Day nine: Spend the day exploring the 200 hectares of farm that Babylonstoren sits on. Get involved in one of the garden projects, set out on the lake with a fishing rod or indulge in some wine tasting and some delicious meals at one of the superb restaurants on the grounds. Your day can be as busy, or relaxed as you like thus making the perfect end to this Wellness Safari.

Day ten: Today you will bid farewell to South Africa - after breakfast you will be met by an Akorn Representative and transferred to Cape Town International Airport for your onward flight home.





ITINERARY

2 Nights - Fairlawns Boutique Hotel & Spa (B)
 3 Nights - Londolozi Pioneer Camp (AM | SSA)
 2 Nights - The Twelve Apostles Hotel & Spa (B)
 2 Nights - Babylonstoren Farm Hotel (B)

B-Breakfast only / **AM**-All Meals / **LB**-Limited Beverages /
SA-Scheduled Activities / **SSA**-Scheduled Safari Activities

INCLUDES

- Accommodation
- Meals as indicated
- Meet and assist upon arrival at each Airport
- Private transfer from O.R Tambo International Airport to Fairlawns Boutique Hotel & Spa and from hotel to Federal Air Hangar
- Shared light aircraft flight from Federal Air Hangar to Sabi Sand to Kruger Mpumalanga International Airport.
- Private transfer from Cape Town International Airport to The Twelve Apostles Hotel & Spa
- Private transfer from Cape Town to the Cape Winelands
- Private transfer from Cape Winelands to Cape Town International Airport

EXCLUDES

- Meals not specified
- Champagnes, cognacs, fine wines, premium brand spirits, cigars

- Touring and excursions in Cape Town
- All items of personal nature, telephone calls, curio shop purchases
- Gratuities
- Conservancy, park or entrance fees (where applicable)
- Landing fees (where applicable)
- Scheduled and international flights

PLEASE NOTE

- Rates are for 2021, per person sharing and based on a minimum of two people and subject to availability and change
- Rates are based on entry level category rooms
- Transfers and guiding with an English speaking driver/guide
- Seasons are subject to camp/lodge/hotel seasons

WELLNESS EXPERIENCES

SABI SAND: LONDOLOZI HEALING HOUSE

The Londolozi Healing House is a place of remembering, a shift from the world of doing into the world of being, a chance to re-discover your own nature and access a deep and natural intelligence which lies within the still core of your own wild self. The experience will help you to combine the core safari excursions with artful resting, curated bodywork and yoga in the surrounds of the expansive wilderness. There are specially crafted activities that offer true rejuvenation, restoration and transformation.

Here, wellness practitioners, therapists and wilderness guides, invite you to commune with the African wilderness and find within you a sense of well-being. In the hurried world of today, true luxury is time to oneself in search of self-healing and connection to nature.

CAPE TOWN PHILANTHROPIC CULTURAL TOUR

The core focus of the tour is visiting interesting, innovative and inspiring community development projects and the incredible people driving these projects. This tour shines a light on the good work being done by so many good people and at the same time helps these wonderful individuals to continue with their efforts. Projects visited include animal welfare, youth development, special needs education, assistance to refugees, the environment, economic empowerment through skills development, care and protection for children, women and the elderly.

WINELANDS FARM LIVING

The days at Babylonstoren are intentionally unscripted as there is much to do. In addition to exploring the 200 hectares of farm, guests are invited to join in the harvesting, pruning, planting or picking of the many fruits, herbs, nuts, spices and vegetables grown there. The farm welcomes guests interested in learning more about gardening. If you're happy to get your hands dirty, you will be planting, harvesting, pruning and mulching. You'll have the opportunity to work closely with the gardeners and positively contribute.

