



## **Southern Africa Walking Safaris**

### **Botswana**

The **San Bushmen** people are the original inhabitants of the wilderness areas of Botswana and they share an almost spiritual relationship with the earth, and one of the many attractions of a safari in Botswana is the opportunity to spend time on foot with these fascinating individuals. The San share their intimate knowledge with guests, showing how to survive in the harsh environment of the Kalahari Desert by indicating which plants are safe to eat and which contain water. This walking safari is unique in Africa and many people travel to the Kalahari regions of Botswana just to participate in this experience.

### **Namibia**

Walking safaris in Namibia offer a slightly different approach to the more traditional walking safaris of its African counterparts in that spotting prolific wildlife may not be as easy to come by because of the vastness of the country. Walks through the **Etosha National Park** are both awe-inspiring and humbling, as you tread along the very paths animals roam free on and observe their intimate lives from a careful distance, it is also one of the best ways to be guaranteed of animal sightings.

**Damaraland** is also a good option for walking safaris. The scenery is astonishing, from granite boulders and euphorbia candelabra, to desert dwelling rhino and elephant.

### **South Africa**

Discover the beautiful terrains and the fantastic diversity of the wildlife South Africa has whilst on a walking safari. Many game reserves in South Africa offer exhilarating walking safaris where guests can identify tracks and insects, bird watch and learn about habitats and ecology as they walk through the bushveld. **Kruger National Park** walking safaris are guided by experienced rangers with an extensive knowledge of the area, the wildlife, birdlife and indigenous vegetation. **Shamwari Game Reserve** is the Southernmost, Big Game, malaria free, private reserve in Africa, offering daily walking safaris and luxurious gives people the opportunity to spot the big five including the awe-inspiring leopard and wild dogs. In the **Sabi Sand Reserve**, many lodges offer optional walking safaris which are conducted daily in order to experience the beauty of Africa's flora and fauna. Bush dinners and bush breakfasts can be arranged following the walking safari, weather permitting. Discover the spirit of the Little Karoo on foot and see the little things **Sanbona Wildlife Reserve** through the eyes of the San. With the guidance of your experienced ranger, early morning walking trails to greet the day have been developed to cater for individual needs.

### **Zambia**

The **South Luangwa National Park** is said to be the birthplace of walking safaris and you'll still find some of the continent's best on-foot experiences here. Virtually every camp has highly experienced walking guides. There are also camps in the **Lower Zambezi National Park** and **Kafue National Park** that offer fantastic guided walking safaris. The advantage of walking in Zambia is that you can decide how much or how little walking you wish to do. Zambia's walking safaris range from a full-on guided walking safari, staying in fly-camps in the remote bush, or simply enjoying a morning bush walk instead of a game drive.